

What's Your Story?

This fast-paced, engaging session will equip you with practical storytelling skills for personal and professional growth, communication, and collaboration

Workshop Description

Stories are the foundation of human communication and understanding. By mastering your own story, you gain invaluable self-knowledge and the ability to connect with, interest, and inspire others. In this dynamic, interactive workshop, you'll learn how to identify, craft, and share your unique narrative as an individual, partnership, group, or team.

Led by master storyteller, creative consultant, and coach Jeremy N. Smith, you'll discover:

1. The universal secret ingredient and plot structure behind every compelling story.
2. Transformative techniques to outline and develop your personal or group narrative.
3. Strategies to share your story for self-development, connection, and support.

Format: Online or in-person

Duration: 50–75 minutes

Participants: 2 to 200 people

Included: Handouts summarizing key points

Trainer Bio



Jeremy N. Smith is an acclaimed storyteller, creative consultant, and coach. He has written for *The Atlantic*, *Discover*, *Slate*, and the *New York Times*, among other outlets, and he and his work have been featured by CNN, NPR, *NBC Nightly News*, *The Today Show*, and *Wired*. A member of the International Coaching Federation, Jeremy speaks frequently before diverse national audiences, including Apple, Google, and the National Academy of Sciences.

Learn more at jeremynsmith.com.