

# Deep Listening for Effective Leadership

*Dive into the transformative power of deep listening in this dynamic workshop tailored for you and your team*

## Workshop Description

Discover how deep listening transcends mere hearing to forge stronger connections, resolve conflicts, and foster a collaborative environment. Through engaging discussions and practical exercises, you'll learn to tune into diverse perspectives, immediately enhancing your communication, effectiveness, and understanding in meetings and 1-on-1s.

## Led by master storyteller, creative consultant, and coach **Jeremy N. Smith, you'll:**

1. Grasp the five levels of listening, transitioning from passive hearing to engaged, empathetic understanding.
2. Explore deep listening techniques applicable in workplace discussions and conflict resolution.
3. Learn to identify and articulate the small set of basic human feelings and needs that underlie everything we or others think, say, or do.

**Format:** Online or in-person

**Duration:** 2 hours

**Participants:** 2 to 200 people

**Included:** Handouts summarizing key points

## Trainer Bio



**Jeremy N. Smith** is an acclaimed storyteller, creative consultant, and coach. He has written for *The Atlantic*, *Discover*, *Slate*, and the *New York Times*, among other outlets, and he and his work have been featured by CNN, NPR, *NBC Nightly News*, *The Today Show*, and *Wired*. A member of the International Coaching Federation, Jeremy speaks frequently before diverse national audiences, including Apple, Google, and the National Academy of Sciences.

Learn more at [jeremynsmith.com](http://jeremynsmith.com).